



2019 Adult Sessions

Saturday Oct 5th

8:00 am to 9:00 am	Breakfast
9:00 am to 10:30 am	Ice Breaker / Games -- Kristen Duhe
10:30 am to 10:45 am	break time
10:45 am to 12:00 pm	Yoga and Nutrition – Jeff and Julie Day
12:15 to 1:15 pm	Lunch Time
1:30 pm to 2:30	Driving Rehab program – Judy Otto
2:30 pm to 2:45 pm	break time
2:45 pm to 4:00 pm	Very Special Miss Louisiana -- Kristen Duhe'
	Ski Dawgs -- David Thomas
	Miss Wheelchair -- Karen Roy
	Gumbo -- Pam Carey
4:00 pm to 4:15 pm	break time
4:15 pm to 5:15 pm	Art Therapy – Celeste Schexnaydre
5:15 pm to 6:00pm	Free time with Vendors
6:00 pm to 7:00 pm	Dinner with a cash bar
7:00 pm to 9:00 pm	Networking -- photo booth & DJ

Sunday Oct 6th

8:00am to 9:00 am	Breakfast
9:00 am to 10:00 am	Mental Health – Paige Moody
10:00 am to 10:10 am	break time
10:10 am to 11:45 pm	La Work Incentives Planning & Assistance – Zane Richardson
1:45 pm to 12:00 pm	Free Time
12:00 pm to 12:30 pm	Conference review and 2020 planning
12:30pm to 2:00 pm	Lunch & Awards Hosted by SBLa Board of Directors